

# Download Pregnancy And Childbirth The Well Woman

Pregnancy, also known as gestation, is the time during which one or more offspring develops inside a woman. A multiple pregnancy involves more than one offspring, such as with twins. Pregnancy can occur by sexual intercourse or assisted reproductive technology. Childbirth typically occurs around 40 weeks from the last menstrual period (LMP). This is just over nine months, where each month ...What's Your Risk? Women should look into whether or not there is a history of blood clots in their family, and also recognize some of the other major risk factors for blood clots, including: hospitalization, surgery, trauma, obesity, smoking, and immobility. For my first pregnancy, I read The Mayo Clinic Pregnancy Book, What to Expect, The Husband-Coached Childbirth, and this Penny Simkin book, Pregnancy, Childbirth and the Newborn. Childbirth, also known as labour and delivery, is the ending of a pregnancy by one or more babies leaving a woman's uterus by vaginal passage or Caesarean section. In 2015, there were about 135 million births globally. About 15 million were born before 37 weeks of gestation, while between 3 and 12% were born after 42 weeks. In the developed world most deliveries occur in hospitals, while in ...