

# **Download Pathology A To Z A Handbook For Massage Therapists**

Massage therapists treat clients by using touch to manipulate the muscles and other soft tissues of the body. With their touch, therapists relieve pain, help heal injuries, improve circulation, relieve stress, increase relaxation, and aid in the general wellness of clients. Massage therapy is a physically demanding profession. One typically stands for long periods of time (hour or two is common per session) and must use their hands, arms, and legs in performing the service. Occupational Outlook Handbook > . A-Z Index The Massage Therapy program at Emily Griffith Technical College stems from a successful partnership with local massage clinics and is designed for students who are interested in learning the skills of promoting healing through health, touch and wellness.