

Download Bronchial Asthma Nursing Management And Medication

Health education. Patient teaching is a critical component of care for patients with asthma. Teach patient and family about asthma (chronic inflammatory), purpose and action of medications, triggers to avoid and how to do so, and proper inhalation technique. Instruct patient and family about peak-flow monitoring. Causes. The main triggers for asthma are allergies, viral infections, autonomic nervous system imbalances that can cause an increase in parasympathetic stimulation, medications, psychological factors, and exercise. Of asthmatic conditions in patients under 30 years old, 70% are caused by allergies. ANSWER. Once diagnosed, your health care provider will recommend asthma medication (which can include asthma inhalers and pills) and lifestyle changes to treat and prevent asthma attacks. For example, long-acting anti-inflammatory asthma inhalers are often necessary to treat the inflammation associated with asthma. Download Bronchial Asthma Nursing Management And Medication Pathophysiology Of Chronic Asthma And Asthma - Introduction Respiratory disorder mostly affect the upper or the lower respiratory tract, however bacterial or viral infection are the causative agent and the disease is